

TIME TO CARE
TAKE BACK YOUR TIME NORTH AMERICAN CONFERENCE
SEATTLE UNIVERSITY
AUGUST 4-7, 2005
(SUBJECT TO CHANGE)

THURSDAY, AUGUST 4

2:30 PM BOARD MEETING

5:30 PM DINNER

6:00 PM REGISTRATION BEGINS

7:00 PM EVENING PROGRAM OPEN TO THE PUBLIC

WELCOME - DANA GOLD, Director of the Center on Corporations, Law and Society at Seattle University School of Law

SONG—"A good piece of pie"—KATE BORKOWSKY

7:30 PM KEYNOTE - BILL DOHERTY, Co-founder of Putting Family First, co-author of the book, *Putting Family First*, professor of family social science and director of the Marriage and Family Therapy Program at the University of Minnesota

8:15 PM RECEPTION

FRIDAY, AUGUST 5 - PERSONAL/CULTURAL TRACK

7:30 AM BREAKFAST

8:30 AM OPENING WELCOME-- JOHN DE GRAAF, National Coordinator TBYT

9:00 AM PERSONAL/CULTURAL PLENARY: CHANGING CULTURAL NORMS

CHANGING COMMUNITY – CECILE ANDREWS, Founder of the Voluntary Simplicity study circles movement, founding member of the Phinney EcoVillage, and the author of *Circle of Simplicity*

CHANGING PERSONAL BELIEF SYSTEMS – VICKI ROBIN, Author of *Your Money or Your Life* and founder of Conversation Cafes and Talk America

CHANGING WORKPLACE – BONNIE MICHAELS, Work-life consultant, speaker and president of Management of Work and Family, Inc., and co-author of *Journey of Work-Life Renewal*

CHANGING CHILDHOOD – BRITA BUTLER-WALL, Seattle School Board

- 10:00 AM** **LARGE GROUP RESPONSE, QUESTION & ANSWER**
Facilitator: CECILE ANDREWS
- 10.30 AM** **BREAK**
- 10:45 AM** **SMALL GROUP DISCUSSIONS FACILITATED BY BOARD MEMBERS**
- NOON** **LUNCH**
- 1:30 PM** **SMALL GROUP DISCUSSIONS BY SECTOR:** Labor, Environment, Family, Faith, Business, Health, Simplicity, College & University, Research, Policy-Time To Care Agenda, Leisure & Recreation
- 2:30 PM** **BREAK**
- 2:45 PM** **WORKSHOPS -- PERSONAL AND CULTURAL**

1). FAMILY TIME, CHILDREN'S TIME

BILL DOHERTY - Co-founder of Putting Family First, co-author of the book, *Putting Family First*, professor of family social science and director of the Marriage and Family Therapy Program at the University of Minnesota
ISABELLE GINGRAS - Lecturer and researcher studying the issue of over-scheduling in children at McGill University.
DEBRA KRUMHOLZ - Therapist, public health specialist and educator

2). NATURAL TIME - RECLAIMING THE RHYTHM OF OUR LIVES

WAVERLY FITZGERALD – Founder and director of School of the Seasons, Seattle
SALLY KING - Director of education for Ravencroft Garden, teaching permaculture, herbal medicine-making and the pleasures of slow food
CAROL VECCHIO - Co-founder and executive director of Centerpoint Institute for Career and Life Renewal

3). INVOLVE EVERYONE AND GET THE WORK DONE!

JONI GREATHOUSE – Training Project Manager, Center for Health Training
JOHN PERKINS – Solutions-Focused consultant and a founding partner of Keep the Change

4). ENVIRONMENT & TIME

LISA ANDREWS - Communications director of Climate Solutions, and board member, Washington Environmental Council
ROBERT BERNSTEIN – Coordinator of the Shorter Work-Time web site, a senior design engineer and a Sierra Club board member in Santa Barbara, CA
CARLA PRYNE - Episcopal minister, Seattle Emmanuel Episcopal Church and cofounder of Earth Ministry

5). LANGUAGE & FRAMING

JOHN DE GRAAF – National Coordinator, TAKE BACK YOUR TIME, independent television producer and author of *Affluenza* and *Take Back Your Time: Fighting Overwork and Time Poverty in America*.

BRIAN DERDOWSKI – President of Public Interest Associates, a public affairs consulting firm and former county councilman for King County, WA

JONATHAN ROWE - Director of the Tomales Bay Institute, a founder of Redefining Progress, and former assistant to Senator Byron Dorgan (D, North Dakota)

6). CHANGING WORKPLACE CULTURE

BONNIE MICHAELS - Work-life consultant, speaker and president of Management of Work and Family, Inc., and co-author of a *Journey of Work-Life Renewal*

CHRIS ORTIZ - Author of *author of 40+: Overtime Under Poor Leadership Quality Engineering Supervisor*

7). FAITH, SPIRIT & TIME

REBECCA KNEALE GOULD - Professor of religion at Middlebury College

REV. DR. DIANE KESSLER - Executive Director of the Massachusetts Council of Churches

CATHERINE O'KEEFE - Professor of leisure and recreation studies at the University of South Alabama

8). LEISURE SCHOOL

KRISTINE ENEA – Attorney and co-founder of Leisure Team Productions and co-author of *Time Off! The Upside to Downtime*

DEAN LATOURETTE – Marketing consultant, writer, co-founder of Leisure Team Producers, and co-author of *Time Off! The Upside to Downtime*

4:15 PM BREAK

4:45 PM ROUND TABLES

THE FOUR WINDOWS OF TIME - MASSACHUSETTS COUNCIL OF CHURCHES CAMPAIGN

REV. DR. DIANNE KESSLER - Executive Director of the Massachusetts Council of Churches

RETHINKING OUR RELATIONSHIP WITH TECHNOLOGY

BRIAN REED – Former restaurant manager and is now pursuing a new career path in health care, and devoting time to activism for quality of life issues

A FORGOTTEN AMERICAN DREAM

BEN HUNNICUTT - Professor of Leisure Studies at the University of Iowa, author of *Work Without End* and *Kellogg's Six Hour Day* and the leading US historian on issues of work-time

MAKING PLACES FOR SPENDING TIME

RON SHER - Real estate developer and founder of the Agora Coalition, a non-profit organization that helps create energetic viable community gathering places.

OPEN SESSION FOR GENERAL BRAINSTORMING

JOHN DE GRAAF - National Coordinator, Take Back Your Time

TIME & SIMPLICITY

CECILE ANDREWS - Founder of the Voluntary Simplicity study circles movement, founding member of the Phinney EcoVillage, and the author of *Circle of Simplicity*

TIME STRATEGIES FOR SINGLE PARENTING

BONNIE DUNCAN - Public relations manager for NBBJ, an international design firm based in Seattle.

TIMEBUCKS

STEVE VAN DYKE - Former software engineer and the founder of TimeBucks.org.

NEVA WELTON - Community organizer for TimeBucks, and author of *Global Uprising-Confronting the Tyrannies of the 21st Century: Stories from a New Generation of Activists* and *Teen Talking Circle Project- Speaking and Listening from the Heart: A Facilitator's Handbook*.

6:00 PM DINNER

7:30 PM EVENING PROGRAM OPEN TO THE PUBLIC

KEYNOTE – ANN CRITTENDEN, Former New York Times reporter, author of *The Price of Motherhood*, and founder of Mothers Ought To Have Equal Rights (MOTHERS).

KEYNOTE – JON MESSENGER, Senior Research Officer with the Conditions of Work and Employment Program of International Labor Organization (ILO), Geneva, Switzerland, and editor of *Working time and Worker's Preferences in Industrialized Countries: Finding the balance*

SATURDAY, AUGUST 6 – PUBLIC POLICY TRACK

7:30 AM BREAKFAST

**8:45 AM MORNING INTRO – JOHN DE GRAAF
RICHARD CONLIN—SEATTLE CITY COUNCIL**

9:00 AM PUBLIC POLICY PLENARY: TIME TO CARE

WHY WE NEED TIME TO CARE – JUDITH STADTMAN TUCKER, Founder and editor of mothersmovement.org

CREATING OUR SIX-POINT PROGRAM – TRACY GERAGHTY, Independent Communications and Public Policy consultant and coordinator for the TIME TO CARE coalition

THE “I WANT MY VACATION!” CAMPAIGN – JOE ROBINSON, Founder of the Work to Live Campaign for a minimum paid vacation, and author of *Work to Live*
RETHINKING RETIREMENT – BRUCE O’ HARA, Author of *Enough Already! Breaking Free in the Second Half of Life* and candidate for British Columbia’s Work Less Party

EUROPEAN ALTERNATIVES - JON MESSENGER - Senior Research Officer with the Conditions of Work and Employment Program of International Labor Organization (ILO), Geneva, Switzerland, and editor of *Working time and Worker’s Preferences in Industrialized countries: Finding the balance*

10:45 AM BREAK

11:00 AM SMALL GROUP DISCUSSIONS BY SECTOR: Labor, Environment, Family, Faith, Business, Health, Simplicity, College & University, Research, Policy-Time To Care Agenda, Leisure & Recreation

11:45 AM BREAK

12:00 PM LARGE GROUP RESPONSE, QUESTION & ANSWER
Facilitator: CECILE ANDREWS

12:30 PM LUNCH – GATHER BY GEOGRAPHICAL LOCATION
WEST, NORTHEAST, MIDWEST, SOUTH, CANADA

1:45 PM WORKSHOPS - PUBLIC POLICY

1). POLITICAL STRATEGIES

BRIAN DERDOWSKI - President of Public Interest Associates, a public affairs consulting firm and former county councilman for King County, WA

JONATHAN ROWE - Director of the Tomales Bay Institute, a founder of Redefining Progress, and former assistant to Senator Byron Dorgan (D, North Dakota)

2). ANSWERING OBJECTIONS TO SHORTER WORKTIME

EUGENE COYLE - Energy and resource economist supporting workers, consumers and environmentalists as a consultant against privatization and deregulation

PHIL HYDE - Author of *Timesizing Not Downsizing*, and former candidate for US House and US Senate

TOM WALKER - Policy coordinator for the Work Less Party of B.C.

3). FAMILY LEAVE & SICK LEAVE

NICOLA DONES – Labor Project for Working Families, Berkeley, CA

SARAH LUTHENS - Community organizer for Lambda Legal in Seattle, focusing on marriage-equality and domestic-partner issues, and the national treasurer of Pride At Work AFL-CIO.

TONYA STARCEVICH – Mother and paid sick leave advocate

MARILYN WATKINS – Policy Director, Economic Opportunity Institute

4). PROMOTING LEISURE & HEALTH THROUGH ANNUAL LEAVE

CATHERINE O'KEEFE - Professor of leisure and recreation studies at the University of South Alabama

JOE ROBINSON - Founder of the Work to Live Campaign for a minimum paid vacation, and author of *Work to Live*

5). THE RIGHT TO WORK LESS: OVERTIME AND PART-TIME

BARBARA BRANDT - National staff person for the Shorter Work-Time Group and Boston-area coordinator for TBYT. She is the author of *Whole Life Economics: Revaluing Daily Life*

TRACY GERAGHTY - Independent Communications and Public Policy consultant and coordinator for the TIME TO CARE coalition

6). EUROPEAN ALTERNATIVES

ANDERS HAYDEN – Author of *Sharing the Work, Sparing the Planet*, and former research and policy coordinator for the Toronto-based *32 hours* action coalition

JEANINE SCHREURS – Information Center, Simplicity with Style, The Netherlands

MARIA STOLTERMAN - Swedish Journalist

7). HEALTH – MENTAL AND PHYSICAL

STEPHEN BEZRUSHKA, M.D. – University of Washington School of Public Health

MARGARET KITCHELL, M.D. – Healthy Environments Manager, FeetFirst

KATHLEEN WALSH – Therapist and Portland, OR TBYTD coordinator

3:15 PM BREAK

3:30 PM ROUND TABLES

WHICH IS WORSE - OUTSOURCING OR LONGER HOURS?

PHIL HYDE - Author of *Timesizing Not Downsizing*, and former candidate for US House and US Senate

CORPORATIONS: THEIR LEGAL STRUCTURE AND OUR TIME

STONEWALL JACKSON BIRD - Social/political activist and former international corporate business lawyer.

FUNDRAISING

GRETCHEN BURGER - Program Director, Take Back Your Time

THE WASHINGTON INITIATIVE PLAN

JOHN DE GRAAF – National Coordinator, Take Back Your Time
MARILYN WATKINS - Policy Director, Economic Opportunity Institute

RE-LEARNING LEISURE

CATHERINE O'KEEFE - Professor of leisure and recreation studies at the University of South Alabama

TIME, MILITARISM & EMPIRE BUILDING

ROBERT BERNSTEIN - Coordinator of the Shorter Work-Time web site, a senior design engineer and a Sierra Club board member in Santa Barbara, CA

TIME TWEAKS

GREGORY WRIGHT - Los Angeles-based 'social inventor,' co-creator of the Global Ideas Bank, and a journalist specializing in progressive politics and sustainability

OPEN SESSION FOR GENERAL BRAINSTORMING

BILL DOHERTY - Co-founder of Putting Family First, co-author of the book, *Putting Family First*, professor of family social science and director of the Marriage and Family Therapy Program at the University of Minnesota

4:30 PM **BREAK**

4:40 PM **WORKSHOPS**

1). WHY WE TAKE BACK TIME: A VISION FOR MEETING OUR PERSONAL NEEDS & THOSE OF SUSTAINABLE SOCIETY

CECILE ANDREWS - Founder of the Voluntary Simplicity study circles movement, founding member of the Phinney EcoVillage, and the author of *Circle of Simplicity*

RICHARD HOBBS – Director, Office of Human Relations, Santa Clara County, CA

JUDITH STADTMAN TUCKER – Founder and editor of mothersmovement.org

2). LEGAL STRATEGIES CHALLENGING OVERWORK

TRACY GERAGHTY - Independent Communications and Public Policy consultant and coordinator for the TIME TO CARE coalition

VICKIE WALLEN – Attorney with over 15 years of experience working on legal and policy issues related to children and families and board member of the Rainier Institute, a progressive non-partisan policy institute in Seattle, WA

3). BRITISH COLUMBIA'S WORK LESS PARTY CAMPAIGN

BRUCE O'HARA - Speaker, author of *Working Harder Isn't Working* and candidate for British Columbia's Work Less Party

TOM WALKER - Policy coordinator for the Work Less Party of B.C.

4). BEYOND RED & BLUE -- FINDING COMMON GROUND

DAN ARONSON – Associate professor of economics, Raritan Valley Community College, NJ, and a Sierra Club activist

BEN HUNNICUTT – Professor of Leisure Studies at the University of Iowa, and author of *Work Without End* and *Kellogg's Six Hour Day*

5). ELECTION DAY HOLIDAY

GREGORY WRIGHT –Los Angeles-based 'social inventor,' co-creator of the Global Ideas Bank, and a journalist specializing in progressive politics and sustainability

6). YOUTH & TBYT - BUILDING A COLLEGE MOVEMENT

GRETCHEN BURGER – Program Director, Take Back Your Time

KATY FITZGERALD – Playwright and sophomore at Drew University, NJ

JACKIE STALLARD - Senior at Allegheny College, PA

MEAGAN ZEUNE – Allegheny College, PA

6:00 PM DINNER

8:00 PM TAKE BACK YOUR TIME DAY PLAY!

SUNDAY, AUGUST 7 – ORGANIZING THE TBYT CAMPAIGN

7:30 AM BREAKFAST

8:30 AM ECUMENICAL SERVICE

9:30 AM WORKSHOPS – ORGANIZING THE TBYT CAMPAIGN

1). OUR RESEARCH AGENDA

TRACY GERAGHTY - Chair of the California NOW Work/Life Statewide Task force and coordinator for the TIME TO CARE coalition

DAN LAIR – Ph.D. candidate in communication at the University of Utah, specializing in organizational communication, rhetoric, and critical/cultural studies

2). USING TBYT IN THE CLASSROOM

NANCY PARKES - Professor at the Evergreen State College where she teaches a class about Take Back Your Time.

JOHN DE GRAAF - National Coordinator, TAKE BACK YOUR TIME, independent television producer and author of *Affluenza* and *Take Back Your Time: Fighting Overwork and Time Poverty in America*

JACKIE STALLARD – Senior at Allegheny College

KHRISTINA HADDAD - Assistant professor of Political Science at Moravian College in Bethlehem, PA where she teaches political theory. Her current project is entitled "A Conceptual Guide to the Political Present: Why Politics Requires Temporal Literacy."

3). TBYT DAY 2005 – GOALS & STRATEGIES

BARBARA BRANDT - National staff person for the Shorter Work-Time Group and Boston-area coordinator for TBYT. She is the author of *Whole Life Economics: Revaluing Daily Life*

GRETCHEN BURGER – Program Director, Take Back Your Time

MAUREEN WILT - Assistant professor of social work at Central Missouri State University in Warrensburg, MO

4). DEVELOPING MEDIA OUTLETS FOR TBYT

DEBRA KRUMHOLZ - Therapist, public health specialist and educator

WENDY KELLY - Editor of Porch Magazine

JEANETTE WATKINS – Founder of People for a Shorter Workweek

5). MAXIMIZING OUR WEB SITE AND EMAIL COMMUNICATIONS

GRACE STAHR—Web designer and former Microsoft manager

11:00 **BREAK**

11:15 **LARGE GROUP DISCUSSION – TBYT’S STRATEGIC PLAN**
Facilitator: CECILE ANDREWS

NOON **LUNCH**